

# Comprehensive Psychological Assessment and Consulting Session

A comprehensive consulting session includes a variety of assessments and provides a large quantity of information for experiencers (individuals who have experienced any form of psychological phenomena) interested in enhancing or controlling their natural psychological ability. In the case of enhancement, foremost phenomena (psychological abilities) addressed are those that have been most active throughout the life of the experiencer followed by phenomena that is less active, and finally phenomena that may be dormant in which the experiencer may be unaware of. The assessment process directs experiencers towards which of their abilities are the most likely candidates, meaning which abilities are most prime, for psychological enhancement at the current time of an experiencer's life. In the case of out-of-control psychological phenomena, foremost phenomena addressed is that which is aptest to be the causation for negative psychological, psychological, and physiological effects followed by additional phenomena which may contribute to negative effects. The assessment process directs experiencers towards which of their abilities is the central causation of negative effects and additional antagonizing phenomena.

## Psychological Profiling Assessment

First, the experiencer will be requested to take an eighty question psychological assessment that singly analyzes the behavioral characteristics of psychological experiencers and will propose the most likely category an experiencer appertains. These categories are part of a series of psychological profiles. *Psychological Profiling* consists of analyzing the various characteristics possessed by experiencers of specific psychological phenomena and means by which to understand, enhance and control those phenomena. These profiles were developed by me and are exclusive to my practice. The profiles consist of an array of characteristics and attributes invariably exhibited by select types of experiencers. Profiling allows me to tailor information for my clients that is specific to their case.

## Psychological and Physiological Assessment

The second assessment consists of several questions assessing the psychological and physiological health of the experiencer. Health is pertinent to psychological enhancement and control, as certain psychological and physiological factors hinder the enhancement and control process. If any of these factors are present, I will work with the experiencer to develop a plan of action to first resolve the factors and secondly provide them with a plan of action for enhancement or control.

## Lifestyle Assessment

The third assessment consists of several life-based questions that will inform me of crucial aspects of your life required to proceed in the enhancement process or succeed in the process of control. If for any reason an experient does not meet the qualifications required for safe and successful enhancement or control, the experient will be informed of why they do not meet these qualifications and how they can achieve these qualifications. The experient will still be given all information regarding enhancement whether or not the experient is ready for enhancement. I leave it to the better judgment of clients to make the right choice to postpone enhancement until they are prime to engage in enhancement methods.

## Assessment Results and Analysis

The consultation aspect of the session includes the client's assessment result and analysis. At this point of the session, I will inform the client of their assessment results followed by an explanation of what these results mean specifically in regards to them. I will also be applying any information give by the client regarding their experiences prior to the session. I will address the client's psychical enhancement options for their abilities currently, and divulge what psychical categories they score highest on in their first assessment. The psychical phenomena discussed here are psychical phenomena invariably exhibited by experients that fall into the same categories and the client. I will also go through each ability and inform the client of what each ability entails and the potential they have in enhancing or controlling each ability. I will then briefly explain how he or she are using certain abilities that may currently have no explanation or definition. In addition, I will be suggesting alternative or scientifically based fields that the client may want to consider implementing into their life as a hobby or career as a means to regularly exercise their ability and to enhance or control and maintain enhancement and control.

## Enhancement Exercises and Elements

Next, I will address current methods and exercises the client uses or can use to enhance, control or generally practice the phenomena and suggests ways to improve and fortify them. In addition, I will inform the client of metaphysical elements and scientific instrumentation they can use to practice and promote their ability enhancement or control. Several metaphysical elements can be used by the client and implemented into their daily life, home and office that will increase or decrease the intensity of their ability. I will also offer exercises assumedly unbeknownst to the client suited specifically for their ability and psychical situation.

## Health Factors and Precautions

I will then address any psychological or physiological factors that they client possesses that may hinder the process of psychical enhancement or control. I will inform the client

of precautionary measures they can take to avoid aggravating a current medical condition or aggravating a latent medical condition during the enhancement process.

### Continuing Education

Finally, based on the client's abilities and their assessments, I will recommend expanding their knowledgebase on relative metaphysical and scientific subjects and suggest a series of reading materials relative to their case.

### Request a Consultation

Most information provided is information not found in any of my books or other forms of publications. To avoid redundancy, please cite any of my publications you have read so I may omit such information and expand on familiar concepts. Information provided is extensive, though the length of information provided is on a case-to-case basis; most session information exceeds five to seven standard pages of personalized, relative and very useful information. Consulting sessions are a flat fee of \$35, which includes all assessments and information provided. I encourage any experient of psychical phenomena who desires to safely and efficiently enhance or control their psychical abilities to send me an email and request a Comprehensive Psychical Assessment and Consulting Session. Once a session is complete, the client is welcome to start a new session at anytime if they have any follow-up questions regarding their first session.

Love and Light,  
Dr. Theresa M. Kelly